

**Kenneth A. Film, DDS**  
708 Chase Six Blvd Boonsboro, MD 21713  
301-432-4322 info@southmtdental.com

**Welcome!** Thank you for choosing our office for your dental needs. To help us meet all of your needs, please fill out this form as completely as possible. If you need help or have any questions, please ask. Thank you.

Today's Date \_\_\_\_\_

**Patient Information (Confidential)**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Birthday \_\_\_\_\_ Social Security Number \_\_\_\_\_

Email \_\_\_\_\_

Do You Prefer To Receive Calls At  Home  Cell  Work

Marital Status  Minor  Single  Married  Divorced  Widowed

Employment Status  Student  Employed  Not Employed  Retired

Employer \_\_\_\_\_ City, State \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Insurance/Responsible Party Information**

Insured/Responsible Party \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Birthday \_\_\_\_\_ Social Security Number \_\_\_\_\_

Employer \_\_\_\_\_ City, State \_\_\_\_\_

Insurance Company \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Member/Subscriber ID Number \_\_\_\_\_ Group Number \_\_\_\_\_

**Referral Information**

How did you hear about our office?  Current Patient (who?)  Post Card  Internet  Drive-by  Other

If other, how? \_\_\_\_\_

## Patient Health History

Physician \_\_\_\_\_ Office Phone \_\_\_\_\_ Last Exam \_\_\_\_\_

	YES	NO	<b>5. ARE YOU ALLERGIC TO OR HAVE YOU HAD ANY REACTION TO ANY OF THE FOLLOWING?</b>	YES	NO
1. Are you under medical treatment now?.....	<input type="checkbox"/>	<input type="checkbox"/>	<b>Codeine</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been hospitalized for any surgical operation or serious illness?.....	<input type="checkbox"/>	<input type="checkbox"/>	<b>Dental Anesthetics</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
3. Are you taking any medications, including non-prescription medicines?.....	<input type="checkbox"/>	<input type="checkbox"/>	<b>Erythromycin</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
If yes, what are you taking? _____			<b>Latex</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
_____			<b>Metals</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
_____			<b>Penicillin</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
_____			<b>Tetracycline</b> .....	<input type="checkbox"/>	<input type="checkbox"/>
			<b>Other</b> _____	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you use tobacco?.....	<input type="checkbox"/>	<input type="checkbox"/>	<b>6. WOMEN ONLY:</b>	YES	NO
			a) Are you pregnant or could you be pregnant?.....	<input type="checkbox"/>	<input type="checkbox"/>
			b) Are you nursing?.....	<input type="checkbox"/>	<input type="checkbox"/>
			c) Are you taking birth control? .....	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you have or have you had any of the following?	YES	NO		YES	NO
Abnormal Bleeding.....	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease.....	<input type="checkbox"/>	<input type="checkbox"/>
Allergies (seasonal).....	<input type="checkbox"/>	<input type="checkbox"/>	Heart Murmur.....	<input type="checkbox"/>	<input type="checkbox"/>
Alzheimer's.....	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis (Type? _____) ...	<input type="checkbox"/>	<input type="checkbox"/>
Anemia.....	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure.....	<input type="checkbox"/>	<input type="checkbox"/>
Angina.....	<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS.....	<input type="checkbox"/>	<input type="checkbox"/>
Asthma.....	<input type="checkbox"/>	<input type="checkbox"/>	Joint Replacement.....	<input type="checkbox"/>	<input type="checkbox"/>
Autism Spectrum Disorder..	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease.....	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes.....	<input type="checkbox"/>	<input type="checkbox"/>	Liver Disease.....	<input type="checkbox"/>	<input type="checkbox"/>
Emphysema.....	<input type="checkbox"/>	<input type="checkbox"/>	Low Blood Pressure.....	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy.....	<input type="checkbox"/>	<input type="checkbox"/>	Pacemaker.....	<input type="checkbox"/>	<input type="checkbox"/>
Fainting.....	<input type="checkbox"/>	<input type="checkbox"/>	Radiation Therapy.....	<input type="checkbox"/>	<input type="checkbox"/>
			Respiratory Disease.....	<input type="checkbox"/>	<input type="checkbox"/>
			Rheumatic Fever.....	<input type="checkbox"/>	<input type="checkbox"/>
			Sexually Transmitted Disease....	<input type="checkbox"/>	<input type="checkbox"/>
			Sinus Problems.....	<input type="checkbox"/>	<input type="checkbox"/>
			Sleep Apnea.....	<input type="checkbox"/>	<input type="checkbox"/>
			Stroke.....	<input type="checkbox"/>	<input type="checkbox"/>
			Thyroid Problems.....	<input type="checkbox"/>	<input type="checkbox"/>
			Tuberculosis.....	<input type="checkbox"/>	<input type="checkbox"/>
			Ulcers/Stomach Problems.....	<input type="checkbox"/>	<input type="checkbox"/>
			Other _____	<input type="checkbox"/>	<input type="checkbox"/>
			Other _____	<input type="checkbox"/>	<input type="checkbox"/>

## Patient Dental History

Reason for today's visit: \_\_\_\_\_

Date of Last Exam: \_\_\_\_\_ Date of Last X-rays: \_\_\_\_\_ Former Dentist: \_\_\_\_\_

How often do you brush? \_\_\_\_\_ How often do you floss? \_\_\_\_\_

Please check any of the following that apply to you:	<input type="checkbox"/> Bleeding gums	<input type="checkbox"/> Grinding teeth	<input type="checkbox"/> Prolonged bleeding following extractions
	<input type="checkbox"/> Bad breath	<input type="checkbox"/> Clicking or popping jaw	<input type="checkbox"/> Pain on chewing or biting
	<input type="checkbox"/> Periodontal treatment	<input type="checkbox"/> Food collecting between teeth	<input type="checkbox"/> Sores or growths in your mouth
	<input type="checkbox"/> Snoring	<input type="checkbox"/> Frequent headaches	Sensitivity to: <input type="checkbox"/> Hot <input type="checkbox"/> Cold <input type="checkbox"/> Sweets

## Authorization and Release

I certify that I have read and understand the above information, to the best of my knowledge. I have answered the above questions as accurately as possible. I understand that providing incorrect information can be dangerous to my health. I authorize South Mountain Dental to release any information, including the diagnosis, and/or records of any treatment or examination rendered to my dependent or me during the period of such dental care, to third party payors and/or health practitioners. I authorize and request my insurance company to pay directly to the dentist or dental group, any insurance benefits otherwise payable to me. I understand that my dental insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on behalf of my dependents or myself.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_  
(or Parent/Guardian, if minor)

## Weisfogel Sleep Disorder Assessment

Dr. Film requests that you complete this sleep disorder assessment form if you are 21 yrs old or older. This form evaluates your possible need for an assessment by a sleep specialist. Sleep disorders negatively affect your well-being and your dental health. Some sleep disorders can be treated with an oral sleep device made by a dentist.

Name: \_\_\_\_\_ Birthday: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_

Have you ever been given a CPAP device? ..... Yes No

If you have been given any form of CPAP, do you use it nightly?. Yes No

Are you comfortable with your CPAP and satisfied with its use? . Yes No

**If you answered “YES” to all three questions above, you are done.**

**If you answered “NO” to any of the questions, please complete the rest of the form.**

### Part 1: Epworth Sleepiness Scale

How likely are you to doze off while doing the following activities?

0 Never 1 Slight 2 Moderate 3 High

Being a passenger in a motor vehicle for an hour or more...	0	1	2	3
Sitting and talking to someone .....	0	1	2	3
Sitting and reading .....	0	1	2	3
Watching TV.....	0	1	2	3
Sitting inactive in a public place .....	0	1	2	3
Lying down to rest in the afternoon .....	0	1	2	3
Sitting quietly after lunch without alcohol.....	0	1	2	3
In a car, while stopped for a few minutes in traffic.....	0	1	2	3

TOTAL \_\_\_\_\_

### Part 2: Health Questions

Have you been told that you snore? .....	Yes	No
Do you want to stop snoring?.....	Yes	No
Do you wake up with chest pain or shortness of breath? .....	Yes	No
Do you have diabetes? .....	Yes	No
Do you have high blood pressure? .....	Yes	No
Have you ever experienced an irregular heart beat?.....	Yes	No
Do you have coronary heart disease or congestive heart failure?....	Yes	No
Have you ever been diagnosed with sleep apnea? .....	Yes	No
Has anyone said that you seem to stop breathing in your sleep?.....	Yes	No
Have you ever had a stroke? .....	Yes	No
Are you currently taking any pain medications? .....	Yes	No
Do you have or have you ever had atrial fibrillation? .....	Yes	No

(over)

## **Why Do Dentists Talk About Sleep Apnea**

Obstructive sleep apnea (OSA) is a chronic condition in which your muscles relax during sleep and your soft tissue collapses and blocks your airway. As a result, repeated pauses in breathing occur, ranging from just a few seconds to more than a minute. A person with OSA may have these episodes hundreds of times over the course of one night, which subsequently reduce the oxygen levels in the body. These pauses in breathing send signals to your brain that can disturb your sleep and, often, cause you to wake up. In the United States alone, about 25 million adults have OSA.

## **How Dr. Film Can Help**

Dentists are the first line of defense against sleep apnea. People are more likely to visit their dentist for a regular six-month cleaning and exam than to see their physician for a physical. Dentists work closely with physicians to treat snoring and OSA. If your medical history and exam reveal any signs of OSA, Dr. Film will recommend that you complete an at-home sleep study to determine if you are experiencing OSA. If the sleep specialist determines that you have OSA and that an oral sleep appliance can help you, Dr. Film will discuss the sleep appliance with you, including how it works, any potential side effects, other treatment options, and the cost. Once you determine that a sleep appliance is your best option, Dr. Film will take impressions and have the appliance fabricated for you. He will then show you how to use it and will provide any needed adjustments. A follow-up sleep study will be done to ensure that the appliance is working

### Sources:

Mayo Clinic, [www.mayoclinic.org/diseases-conditions/obstructive-sleep-apnea](http://www.mayoclinic.org/diseases-conditions/obstructive-sleep-apnea)  
American Academy of Sleep Medicine, [www.aasm.org](http://www.aasm.org)

## Missed Appointments & Cancellations:

Please give our office at least 48 hours notice for any cancellations. If we do not have at least 48 hours notice, we may charge a \$75 Missed Appointment and Cancellation fee. The fee will need to be paid before a new appointment can be scheduled. If a patient misses 3 appointments, they may be asked to transfer their records to another dental office.

## Insurance:

Our goal is to maximize your insurance benefits. We are in-network with non-HMO Cigna Dental Plans and any plans that utilize Cigna Claim Payment Services. For all other insurance plans, we are out-of-network. As such, your dental insurance is a contract between you and your insurance company. We are not a part of this contract. We will bill your insurance as a courtesy to you. Although we estimate what your insurance company may pay, it is the insurance company that makes the final determination of your eligibility and payment. You agree to pay any portion of the charges not covered by insurance for receiving services.

## Payment Options, if you have no insurance:

1. You must pay (by cash, check, or credit card) your total cost at the end of any appointment in which services are rendered.
2. You may pay in full in advance. Since it requires less administration on our part, should you choose this option we will extend a 5% discount on the amount you pay in advance
3. We offer special financing through CareCredit. CareCredit offers 6 or 12 month deferred interest plans or extended plans with interest. Information is available at [www.carecredit.com](http://www.carecredit.com) or by contacting our office.
4. We may offer you an automatic payment plan, at our discretion.

## Payment Options, if you have insurance:

1. You must pay (by cash, check, or credit card) your deductible and any out-of-pocket estimates at the end of the appointment in which services are rendered.
2. You may pay in full in advance (or your estimated co-payment if part of your treatment will be covered by insurance). Since it requires less administration on our part, should you choose this option we will extend a 5% discount on the amount you pay in advance.
3. We offer special financing through CareCredit. CareCredit offers 6 or 12 month deferred interest plans or extended plans with interest. Information is available at [www.carecredit.com](http://www.carecredit.com) or by contacting our office.
4. We may offer you automatic payment plans, at our discretion.

## Monthly Statement:

If you have a balance on your account, we will send a monthly statement. It will show the previous balance, any new charges to the account, and any payments/credits applied to your account during the month. Unless we have agreed to other arrangements, the balance on your statement is due within 25 days of the statement date.

## Returned Checks:

There is a \$10 fee, subject to change, for any checks or automatic payments returned by the bank.

## Past Due Accounts:

If your account becomes past due, we will take necessary steps to collect this debt. This may include referring your account to a collection agency, If we have to refer your account to a collection agency, you agree to pay all collection costs incurred. If we have to refer collection of the balance to a lawyer, you agree to pay all lawyers' fees incurred plus all court costs. In case of suit, you agree the venue shall be in Washington County, Maryland.

Patient's Name: \_\_\_\_\_

Responsible Party (if not the patient): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW YOUR PROTECTED HEALTH INFORMATION (PHI) MAY BE USED AND DISCLOSED AND HOW YOU CAN OBTAIN ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective Date: March 1, 2015

### **OUR PLEDGE REGARDING HEALTH INFORMATION**

We understand that health information about you is personal and are committed to protecting your health information. We create a record of the care and services you receive to provide you with quality care and to comply with certain legal requirements. This Notice applies to all of the records of your care generated or received by us.

We are required by law to:

- Make sure that health information that identifies you is kept private and will be used or disclosed only as described by this Notice or applicable law
- Make this Notice available to you
- Follow the terms of the Notice currently in effect

### **CHANGES TO THIS NOTICE**

We reserve the right to change this Notice. We reserve the right to make the revised or changed Notice effective for health information we already have about you as well as any information we receive in the future.

### **USES AND DISCLOSURES OF YOUR PROTECTED HEALTH INFORMATION (PHI)**

**A. Treatment:** We use your health information to provide you dental treatment and services. We disclose your PHI to physician(s), specialist(s), or other healthcare providers, as necessary, involved in your treatment.

**B. Payment:** We will use and disclose your PHI so that the services and care we provide can be billed to and payment collected from you, your insurance company, or a third party.

**C. Healthcare Operations:** We may use and disclose your PHI for our office operations. These uses and disclosures are necessary to run our office and make sure that all of our patients receive quality care. Healthcare operations may include quality assessment and improvement activities, reviewing the competence or qualifications of our staff, evaluating staff performance, conducting training programs, accreditation, certification, and licensing or credentialing activities.

**D. Treatment Alternatives:** We may use and disclose your health information to tell you about or recommend treatment options or alternatives that may be of interest to you.

**E. Reminders:** We will use your personal information but NOT your health information to contact you in an effort to provide appointment reminders (voicemail, text, or email messages, postcards, messages left with another person).

**F. Persons Involved in Care:** We may use or disclose your PHI to notify a family member, your personal representative, or any other person responsible for your care of your location, general condition, or death. If you are present, then we will give you the opportunity to object to such disclosures. We will also use our professional judgment and experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up x-rays, referrals, records, and make/obtain appointment information.

**G. Required by Law:** We will use or disclose your PHI when we are required to do so by law. We may also disclose to military authorities the health information of Armed Forces personnel. We may disclose to authorized federal officials health information required for lawful intelligence, national security activities, and counterintelligence.

**H. Abuse or Neglect:** We may disclose your PHI when necessary to prevent a serious threat to your health and safety or the health and safety of others.

**I. Marketing:** We will NOT use or sell your PHI for mass marketing communications or any other reason.

**J. Your Family and Friends:** We must disclose your PHI to you, as described in the Patient Rights section of this notice. We may also disclose your health information to family members, friends, or other persons to the extent necessary to help with your care or with payment for your care.

## **YOUR PATIENT RIGHTS**

**A. Right to Inspect and Copy:** You have the right to inspect and copy PHI. **Requests for copies of your health information must be made in writing and must include your preferred format- digital or paper.** We may charge a fee to cover the costs of copying, mailing, supplies, or other expenses incurred by your request.

**B. Right to Amend:** You have the right to request that we amend your PHI. Your request must be in writing and must explain why the information should be amended. We reserve the right to deny the request.

**C. Right to Request Restriction:** You have the right to request, in writing, that we place additional restrictions on our use or disclosures of your PHI. We are not required to agree to these additional restrictions, but if we do agree, we must abide by our agreement.

**D. Right to Notified of a Breach:** You have the right to be notified if we discover a breach in unsecured protected PHI.

**D. Right to Confidential Communication:** You have the right to request to receive communications from us on a confidential basis by using alternative means for receipt of information or by receiving the information at alternative locations. Your request must be in writing and must specify the alternative means or location and provide satisfactory explanation of how payments will be handled under the alternative means or location requested. Contact our Privacy Officer if you require such confidential communications.

**E. Right to an Accounting of Disclosures:** You have the right to request an "accounting of disclosures"- a list of the disclosures of your PHI, with exceptions. We do not need to account for disclosure made: (1) to you; (2) pursuant to your written authorization; (3) for the purpose of carrying out treatment, payment, or operations; (4) to persons involved in your care, or to notify your family about your whereabouts; (5) incidental to another permissible use or disclosure; (6) for national security or intelligence purposes; (7) to a health oversight agency or law enforcement official if they so request. The accounting will include the date of each disclosure, the name of the entity or person to whom the disclosure was made, and a brief description of the information disclosed. You must submit your request in writing to our Privacy Officer. Your request must state a time period that may not be longer than six (6) years and may not include dates before April 14, 2003.

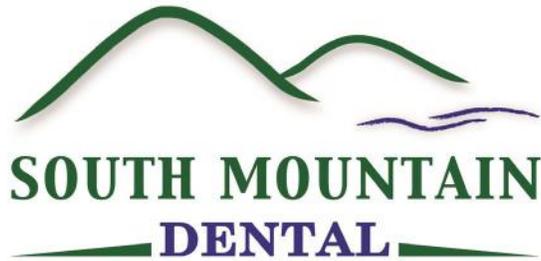
## **QUESTIONS AND COMPLAINTS**

If you feel your privacy has been violated, you may file a complaint:

Susan Williams, Privacy Officer  
South Mountain Dental, LLC  
708 Chase Six Blvd  
Boonsboro, MD 21713  
(301) 432-4322  
susan@southmntdental.com

If you are not satisfied with the manner in which this office handles a complaint, you may submit a formal complaint to the U.S. Department of Health and Human Services.

*You will not be penalized for filing a complaint.*



**ACKNOWLEDGMENT of RECEIPT of  
*NOTICE of PRIVACY PRACTICES***

**\*\*You may refuse to sign this form\*\***

**I have received or been offered a copy of this office's *Notice of Privacy Practices*.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date

**OFFICE USE ONLY**

We attempted to obtain written acknowledgment of receipt of our *Notice of Privacy Practices*, but acknowledgment could not be obtained because:

- Individual refused to sign
- Communication barriers prohibited obtaining the acknowledgment
- An emergency situation prevented us from obtaining acknowledgment
- Other (be specific)

\_\_\_\_\_  
\_\_\_\_\_